

Soup & Salad

choice of Ranch, Bleu Cheese, 1000 Island, Italian, Pesto Ranch, Balsamic Vinaigrette
Served on the side. additional dressing, 50¢

Soup Du Jour

our soup of the day, served with choice of freshly-baked bread or soup crackers

cup \$4²⁵ bowl \$5⁹⁵

House Salad

with mixed field greens, red onions, tomatoes and croutons

\$4⁹⁵

Pasta Salad

tricolor rotini noodles, chopped tomatoes, sweet onion and cucumber marinated in a sweet vinaigrette dressing on a bed of mixed greens

\$7⁹⁵

Chicken Salad

chicken, touch of mayo, apples, raisins on a bed of mixed greens with warmed walnuts. balsamic vinaigrette dressing on the side

\$8⁹⁵

Specialty Salad

mixed field greens, red onion, sliced tomatoes, shredded cheddar and croutons topped with your choice of sliced turkey, sliced chicken, tuna salad or marinated tofu

Vineyard Salad

bed of mixed greens topped with your choice of meat or tofu, walnuts, feta cheese and seasonal fruits. balsamic vinaigrette on the side

The Buffalo Salad

buffalo chicken tenders atop a bed of romaine lettuce, sprinkled with onion rings, bleu cheese crumbles, sliced tomatoes & homemade croutons. bleu cheese dressing on the side

Sunshine Salad

baked chicken on a bed of organic spinach with mandarin orange slices, raisins, feta cheese, walnuts, grapes and homemade croutons. balsamic vinaigrette dressing on the side

Organic Veggie Salad

organic spring mix, diced cucumbers, tomatoes, onion, sunflower seeds, homemade croutons and baked tofu. choice of dressing on the side

Barbecue Chicken Salad

baked chicken breast, drizzled with sweet barbecue sauce, tops a bed of mixed greens. sweet roasted corn, black beans, tri-color tortilla bits and red onion throughout. barbecue-ranch dressing on the side

Mozzarella Tomato Basil Salad

fresh mozzarella balls, tomatoes, cucumbers and red onions in an italian-basil marinade, and homemade croutons top a bed of organic spring mix

Taco Salad

chili over mixed greens, tomato slices, jalapeno peppers, cheddar cheese and tri-color tortilla chips. salsa and sour cream on the side

Fuji Apple Salad

choice of chicken or tofu top mixed greens, onion, tomato, bleu cheese, fuji apple slices and toasted pecans. white balsamic-apple vinaigrette dressing on the side

Unlimited Soup & House Salad -delicious and nutritious, eat up!

\$9⁹⁵